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## Pro-life Calendar

January 21, 2006

Walk for Life West Coast  
San Francisco, CA  
[www.walkforlifewc.com](http://www.walkforlifewc.com)

January 21, 2006

American Collegians for Life Conf.  
Washington, DC  
[www.aclife.org](http://www.aclife.org)

January 22, 2005

Cardinal O'Connor Conf. on Life  
Washington, DC  
[www.chooselife.georgetown.edu](http://www.chooselife.georgetown.edu)

January 20-23, 2006

March for Life  
Washington, DC  
[www.marchforlife.org](http://www.marchforlife.org)

January 20-23, 2005

Rock for Life's Training Weekend  
Washington, DC  
[www.rockforlife.org](http://www.rockforlife.org)

To submit your group's activities to HLA's Pro-life Calendar please e-mail [feedback@humanlife.org](mailto:feedback@humanlife.org)

## The Best Kept Secret

by Mary Laprade

Have you ever seen the website that claims, "Not only is Ortho Tricyclen the #1 prescribed birth control pill, but it's also clinically proven to help make your skin look better?"

If you later develop breast cancer from this so-called skin enhancer, who cares? Certainly not the pharmaceutical companies such as Astra-Zeneca, the manufacturer of the most widely prescribed drug for breast cancer, and creator of Breast Cancer Awareness Month, a slick public relations campaign to raise money for breast cancer research.

The public is not aware that it is government policy to promote contraception to underage girls. According to the Heritage Foundation, in funding specifically targeted toward teenagers during 2002, governments spent nearly \$4.50 on contraception for every \$1.00 spent promoting abstinence.

As terrified women pledge more and more money to find a "cure" for breast cancer, shouldn't we ask how breast cancer can be "prevented?" It can't happen unless women of all ages are told the truth. The truth about synthetic hormones finally leaked out regarding Hormone Replacement Therapy (HRT, synthetic hormones given to menopausal women) when the media warned them of the risks. These risks were first revealed by the Women's Health Initiative published in *The Journal of American Medicine*, July 3, 2002, which found that HRT greatly increased the incidence of breast cancer, heart attacks, blood clots, and pulmonary embolus in the first year of therapy. Results were so convincing that the FDA ruled it was unethical to continue the study because it was putting women at too much risk for serious, and possibly fatal, side effects.

Unfortunately for women and the families

who love them, the link between this risky estrogen therapy and synthetic estrogen used in hormonal contraceptives is still a deep, dark, money making secret that desperately needs to be revealed.

Outside of gynecology it is not difficult to find strong warnings against the introduction of synthetic hormones into the body whether for contraception or HRT. Endocrinologist Dr. Diana Schwarzbein flat out states this in *The Schwarzbein Principle II*: "Women are not getting the right information about how dangerous birth control pills really are...

**"Women are not getting the right information about how dangerous birth control pills really are..."**

because they disrupt the sex hormone system, and, because all hormones are connected, the body's entire hormone system is disrupted, too. Long term use of BCP can lead to many problems such as obesity, infertility, fibroid tumors, chronic fatigue, headaches, insomnia, high blood pressure, pulmonary embolisms, strokes, heart attacks and Type II diabetes."

Schwarzbein is not the only doctor issuing warnings to the public about synthetic estrogens. Dr. David Perlmutter in his *The Best Brain Book* asks, "Are you taking birth control pills? ...if you're using one or more prescriptions, or over-the-counter drugs, you could be interfering with your brain's ability to function at optimal levels and putting the health of your brain at risk." The Associated Press reported on June 22, 2004:

CHICAGO - Estrogen pills appear to slightly increase the risk of Alzheimer's disease and other forms of dementia in postmenopausal women, a study found, echoing recent findings involving estrogen-progestin supplements. The findings contradict the long-held belief that estrogen pills can help keep older women's minds sharp. The results came from a govern-

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## Perspectives

Dear Friends,

Every other year we have an opportunity to impact our culture for life through congressional elections.

This year, I want to encourage you to participate in your local nominations process and impact our national elections. If you're new to politics, ask a pro-life friend, call your church or other trusted organization to get some training; but remember, each and every one of us must stand up for life in the public square.

Sometimes utilizing simple pro-life material is a great way to get started.

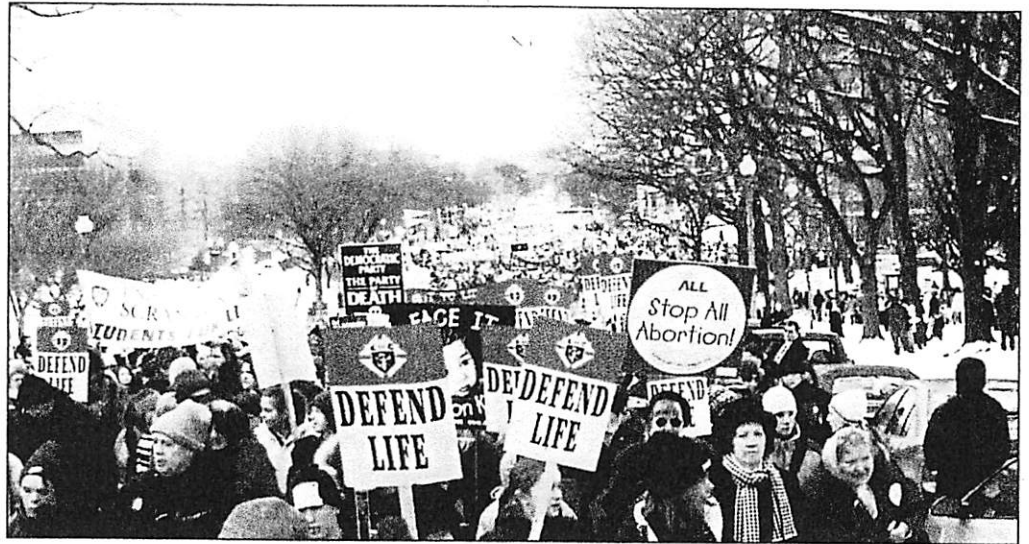
If you don't have multiple copies of HLA's persuasive publications on abortion, chastity, and euthanasia, make sure to get them soon. Use our fact-filled supplements to learn all that you need to know about life issues. I know some who keep HLA publications by their front door to give to candidates and some who use our publications to prepare for debates. You can use these pro-life mini-newspapers to learn key points about life issues and make sure the opposition doesn't distract you with their false rhetoric and illogical points.

Also, for U.S. Congressional Candidates, make sure they are sponsoring the Human Life Amendment or the Right to Life Act. Currently the Right to Life Act has more than 70 co-sponsors in the United States House of Representatives. Make sure your representative is one of those co-sponsors.

Oftentimes pro-lifers lose ground in the electoral process because we are uninformed or ill prepared to do battle at a precinct caucus or primary election campaign. This year make sure you have the facts and are prepared to defend the humanity of the pre-born child and respect life at all stages!

  
Melanie A. Freimuth  
HLA President

## Equipping Pro-Life Leaders From Coast to Coast



*2004 March for Life in Washington, DC.*

This year, HLA will be at East and West Coast events marking the Roe v. Wade anniversary.

HLA is proud to be a sponsor for the second annual West Coast Walk for Life, to lend support to their mission, and to continue a focused outreach to the Northern California area. HLA will also be attending the March for Life in Washington, DC. These events will mark the 33rd anniversary of the Supreme Court decision on Roe v. Wade, January 22nd, 1973.

The Walk for Life was established last year as a West Coast tradition of celebrating life to shed light on all life issues, but especially to change hearts hurt by the violence of abortion. As you may recall from our report on last year's Walk, thousands of pro-life people showed up for the Walk. At the same time, anti-life forces showed up to harass walkers by shouting at and intimidating young children with pornographic gestures. They even organized a "Stand Up For Choice Day" counter-rally on January 22nd.

The Walk for Life will be held on Saturday, January 21st, followed by speakers from Feminists for Life, CURE, the Life Education & Resource Network (LEARN), and the Northeast chapter of BlackGenocide.org.

"We are organizing local young people to hand out our publications during the Walk for Life, and will be supporting numerous other events planned for the weekend," said Joe Langfeld, HLA's Development Director. "We're excited

to sponsor the Walk and help Californian's build a culture of life."

The March for Life in Washington, DC will be held on the Mall in front of the Capitol on Monday, January 23rd when Congressional offices are open. A weekend conference will precede the March and will include exhibitors, testimony by post-abortive women and men, and speakers, such as the family of Terri Schindler-Schiavo.

HLA's Executive Director, Jo Tolck, and other staff will host an exhibit booth where our publications will be distributed. "We work in solidarity with other pro-life organizations and will raise our voices with others at the March to get the pro-life message across to Congress and the nation. We've partnered with many of these groups and we'll be looking for new ways to more effectively spread the pro-life message," Tolck said.

"The theme of this year's march, Roe v. Wade Violates the American Way, will emphasize that if a whole class of pre-born babies can be killed with impunity, other classes of people can be killed. We saw this with Terri Schiavo and the growing euthanasia movement," noted Nellie Gray, president of March for Life Fund.

"We also want to look at our whole society and what has happened because of the killing of 45 million preborn babies. What has that done to the morality in our nation, the economic structure, the family situation, our schools, and our  
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